# Your Step-by-Step Guide to Acing CPP, PSP, and APP Exams



Here are a few tips for preparing for certifications like CPP (Certified Protection Professional), PSP (Physical Security Professional), or APP (Associate Protection Professional).

## **Certification Exam Preparation Checklist**

#### 1. Understand the Exam Content

- Review the official ASIS International guidelines and study materials for the specific certification. Review the ASIS certification Handbook.
- Familiarize yourself with the exam domains and topics covered. Some domains are more important than others and have a bigger weight percentage.
- Obtain the latest body of knowledge <u>or Protection of Assets (POA) handbook</u> related to the certification.

## 2. Plan Your Study Schedule

- Create a study timetable that allocates time each day or week for study sessions.
- Break down the study material into manageable sections.
- Set milestones and deadlines for reviewing each topic.
  - o Send your application to ASIS and once you received your approval
  - o Block your exam date with Prometric.

You can find more information for in-person testing and remote testing here.

If you need to talk to an ASIS certification specialist, contact <a href="mailto:certification@asisonline.org">certification@asisonline.org</a>.

#### 3. Gather Study Materials

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- Use recommended textbooks, online resources, and ASIS International publications.
- Acquire practice exams, <u>flashcards</u>, and study guides.
- Join study groups or forums with peers preparing for the same certification.

#### 4. Focused Learning

- Engage with multimedia resources like webinars, online courses, or podcasts.
- Attend ASIS review courses or training sessions specific to the certification exam.
- Use case studies and real-world scenarios to apply concepts practically.

### 5. Practice Tests and Self-Assessment in the workbook(s)

- Take multiple practice exams to test your understanding and timing. Review the <u>self-assessment guide</u>.
- Analyze results from <u>practice exams</u> to identify weak areas.
- Review incorrectly answered questions to strengthen knowledge gaps.

## 6. Custom Study Aids

- Create summary notes or concept maps to visualize key points.
- Develop mnemonics or acronyms to remember complex information.
- Prepare a list of key terms and their definitions. Make sure you understand the ASIS terminology.

#### 7. Exam Strategy

- Familiarize yourself with the exam format and question types.
- Develop a strategy for managing time effectively during the exam.
- Practice relaxation techniques to manage exam day stress.

#### 8. Health and Well-being

- Ensure you are getting enough rest and sleep leading up to the exam.
- Maintain a healthy diet and exercise regimen to boost concentration and energy levels.
- Take regular breaks during study sessions to avoid burnout.

## 9. Day Before the Exam

- Review key concepts and summaries lightly; avoid cramming.
- Gather all necessary documents and materials needed for the exam day.
- Confirm the exam location, time, and any specific procedures to follow.

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## 10. Exam Day Preparation

- Arrive early to the exam site to minimize stress.
- Bring appropriate identification and any allowed materials.
- Read all instructions carefully before starting the exam.

Following this detailed checklist can help you structure your preparation and increase your chances of success with the certification exams.

# "The secret of getting ahead is getting started." - Mark Twain

If you have any questions, or you need coaching, mentoring, one on one session or group sessions contact me <u>DSECconsultant@outlook.com</u>

It would be my pleasure to help you and support your goals!